

R E S E T: WEEK

Gen 2:2-3, Ex. 20:8-11

Purpose – visible representation of the invisible God

Love – affection-filled, life-encompassing, community-impacting, exclusive commitment to God, in every area and aspect of life, obvious and evident to others.

_____ **Reasons to** _____

God _____ **it**

There is God given value in both rest and work, but too much of either causes problems!

God _____ **it**

God _____ **it**

Sabbath isn't aimless rest; it's God centered rest. Sabbath isn't about doing nothing; it's about giving more attention to God than any other day of the week.

It _____ **faith**

It _____ **us**

Sabbath says "God, I trust you more than I trust myself!"

It is a _____ **from** _____

The principle of Sabbath is a gracious gift from a loving God

Personal Application

